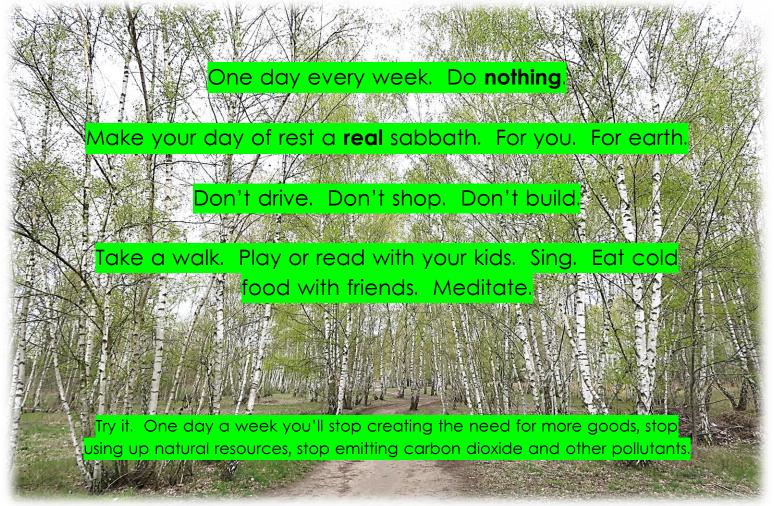
Is there **nothing** you can do about the environment?!

That's right, **nothing**.

**Nothing** may be one of the best things you can do.



The Sabbath is said to be a foretaste of the world to come (Babylonian Talmud, Berachot 57b). If you care about our future, about your well-being, observe the sabbath. It helps cultivate community, inner calm, contentment and self-discipline. It helps revive you, reset your priorities. One powerful weapon in the fight against environmental deterioration may just be an ageold spiritual technology. It could be merely a question of doing **nothing**.

The Green Sabbath Project www.greensabbathproject.net